



Uniting our hearts in *prayer*

Joy, peace and hope in hard times

My name is Sushmita Tamang. I am originally from Sindhupalchowk, but I got married at a young age and moved with my husband to Kathmandu, the capital of Nepal, hoping for a better life. I am now 26 years old and a mother of two children, an 8-year-old son and a 2-year-old daughter.

Life in the city has not been easy for our family. My husband does random jobs, but he still doesn't have a stable income. I used to do small jobs too, but now I am fully occupied

with my children, a fact that makes things more difficult.

A few years ago, we came to know Christ and started attending church. Not long after, I heard about the *Women of Hope* radio program and began listening.

This program has been a blessing – it helped me grow in my new faith and strengthened my personal relationship with Jesus.

Later, I had the chance to join a literacy class through TWR Women of Hope, which brought about big changes in my life. Today, I can read the Bible, lead women's fellowship in my church and share with confidence. Most importantly, I know my true worth. I am not

just a poor, uneducated village girl – I am a daughter of the almighty God! *Women of Hope* helped me discover my real identity in Christ.

The program also gave me practical knowledge for my life. When my son was born, I didn't know how to care for a newborn, and he faced many health problems. But by the time I had my daughter, I had already learned so much from *Women of Hope* that helped me take better care of her.

I am deeply grateful for this ministry. Life is still hard, but our home is now filled with joy, peace and hope in Christ.

– Sushmita Tamang,
listener in Nepal



LEADERS
IN SOUTH
KOREA

2026

JANUARY

Lifting up women
of Asia in prayer

FEBRUARY

Spiritual needs of
women & the church

SURVEY Page 2

Hope for
Cambodia's women

Focus – no distractions
from Director Susie Pek

He gives us
more grace
A Word of Hope

Hope & healing
in Jesus for women

January

1. We rejoice that *Women of Hope* in the Hazaragi language began airing in **Afghanistan** in October 2025. Bring hope and healing, Lord. (John 17:3)
2. Father, as the people of **Cambodia** face high unemployment and low wages, may you guide and provide ways for them to care for their families. (Ps. 9:18)
3. God, as Christians in **China** face discouragement, limited resources and societal pressures, increase their ability to stand strong and trust in you to care for them. (2 Cor. 4:8-9)
4. Lord, enable the women of rural Karnataka, **India**, to find jobs and care for their families. Many of their husbands are addicted to alcohol and online gambling. (Isa. 41:10)
5. God, give your great wisdom to leaders in **Indonesia** to judge fairly and govern justly. May freedom of expression within the law be protected. (Prov. 31:9)
6. May believers influence those around them by imitating the life of Christ so that the gospel will spread throughout **Japan** and many will be saved. (Acts 2:40-47)

7. Father, may **South Korea's** next generation stand firm in their faith as they personally experience you in their lives. May they bring joy to your heart! (Eph. 5:15-16)

8. God, grant single mothers in **Mongolia** the wisdom, love and peace to lead their families. May their children walk in your ways and grow under your protection. (Prov. 22:6)

9. Lord, heal the divisions in **Nepal's** churches that are weakening believers' faith, especially the faith of women and children. May your love and truth bring restoration. (Rom. 15:5-6)

10. Father, we pray for spiritual growth of the women in a newly established group in **Pakistan**. May they together hear your Word, fellowship and pray for one another. (Col. 1:9-10)

11. God, bring justice, safety and healing to women in **Papua New Guinea** facing domestic and tribal violence. Transform communities to honor women's dignity. (Ps. 34:18)

12. Lord, strengthen and provide for women listeners in Maho, **Sri Lanka**, who have a strong faith in Christ despite their husbands abandoning them. (2 Cor. 9:8)

13. As rural women in **Timor-Leste** face high maternal mortality, may mobile clinics, respectful maternal care and health infrastructure increase for them. (Ps. 121:7-8)



Calling all U.S. intercessors!

Please let us know how you're using the prayer calendar by taking a short survey at the link below!

twwomenofhope.org/prayersurvey

14. Bring protection and deliverance, Lord, for women at risk of trafficking and exploitation in **Vietnam**. Guide communities in prevention strategies. (Ps. 20:1)

15. God, may the people and leaders of **Cambodia** look to you for peace, security and resolution to the ongoing border conflict inflicting such distress. (Eccles. 4:4)

16. As mothers in **Indonesia** balance work and family responsibilities, Father, help them come to you and find their strength and rest in your presence. (Matt. 11:28)

17. Lord, may local **Japanese** churches engage with foreigners and partner with foreign-language churches in evangelism to further God's kingdom. (Deut. 10:17-19)

18. God, help the children of **North Korean** defectors who now live in South Korea to successfully integrate into

society and reach their full potential. (Lev. 19:34)

19. Lord, may **Mongolian** Christian women be united in love and support for one another as they do your work and serve as strong pillars in the church. (1 Cor. 12:12-13)

20. Holy God, soften the hearts of unreached women in **Nepal** who are hesitant to hear the gospel. Open their eyes as you draw them unto yourself. (Eph. 1:18)

21. Lord, raise up strong community vigilance to protect women and girls at risk of trafficking and sexual exploitation in **Papua New Guinea**. (Ps. 46:1)

22. May communities in **Timor-Leste** be set free from harmful patriarchal practices that silence women. God, may women be treated with dignity. (Gal. 3:28)

23. Father, provide safe births, skilled care and health



OUR VISION

Bringing hope and healing in Jesus to women around the world and across generations



You are not forgotten

HOPE FOR CAMBODIA'S WOMEN

In Cambodia today, many women carry heavy burdens – burdens born of abuse, of lost opportunity, of silenced voices. Yet hope also blooms when communities care, when knowledge spreads and when love holds those who feel most alone.

at only 79.8%, compared with 88.4% for males. Long distances to school, family responsibilities and cultural pressures often force girls to leave education behind. Without learning, many are driven into early marriage and cycles of poverty.

One woman in five between the ages of 15 and 49 has suffered emotional, physical or sexual violence in her lifetime. About 10% have experienced physical violence, and around 3% have suffered sexual violence since the age of 15.

Many girls and women in Cambodia not only endure gender-based violence in different forms, but they also face enormous barriers when seeking justice or support – whether through the formal courts or community-based solutions. Violence is not only in homes; it is found in workplaces, on the streets and increasingly online, leaving scars on bodies, minds and spirits.

This painful reality also limits a woman's chance to grow, for when security is not guaranteed, education and opportunity are often pushed further away. Though many girls begin school, staying in school is difficult. In 2022–23, almost 9.5% of girls dropped out of primary school. Adult female literacy remains

Even in the midst of deep suffering, light can still shine. *Women of Hope* walks alongside the women of Cambodia with compassion and commitment through radio and digital broadcasts that teach them how to protect themselves, recognize danger and find help. These programs are more than information; they are lifelines that lead women to the true source of hope and healing – a personal relationship with Jesus Christ, the one who brings light into the darkest places.

Women of Hope shares the good news of Jesus, reminding women that they are never beyond his love or reach. As they learn to know the Savior, who restores broken hearts and gives new life, they begin to see their worth, find courage to face pain and experience lasting transformation. Through prayer, encouragement and the love of Jesus, women in Cambodia discover strength to rise again – because they are valued, loved and never alone.

access for the Hmong women in remote **Vietnam** who experience high maternal mortality rates. (Ps. 32:7)

24. Lord, you value the informal work that many **Indonesian** women are engaged in. May they be compensated fairly and shown dignity for their labor. (1 Tim. 5:18)

25. May the gospel reach those in **Japan** who are experiencing financial hardship, spiritual distress and meaninglessness so that they will find joy, peace and hope in Jesus. (Rom. 15:10-13)

26. Lord, may the more than 1 million foreign workers residing in **South Korea** receive fair treatment for their labor and have opportunities to encounter Jesus. (Lev. 19:13)

27. Father, may **Mongolian** women find well-being and wholeness through relationship with you as you fill their hearts with your peace, joy and hope. (John 14:27)

28. Lord, bring back to yourself young women in **Nepal** who are being influenced by worldly values. May they turn to you and embrace your truth. (Rom. 12:2)

29. Protect the lives, God, of women in **Papua New Guinea** who are falsely accused of

sorcery. Break cycles of fear and patriarchy, and bring justice and peace to vulnerable communities. (Ps. 82:3)

30. Lord, may safe spaces be created in **Timor-Leste** so that survivors of violence can find protection, healing and hope as they also receive compassionate care and justice. (Ps. 9:9)

31. Father, equip women in **Vietnam** with wisdom, courage and opportunity to flourish in leadership, politics and the economy. (Prov. 31:25)

February

1. Lord, enable *Precious and Beloved* to be the light that unlocks the darkness for the women in **Albania** searching for God. (Isa. 9:2)

2. Father, may the gospel bring salvation throughout **Benin**, reaching citizens and leaders on every level so that the kingdom of God would rule and reign there. (Matt. 28:19)

3. God, may women on **Bonaire** be strengthened in their spiritual gifts and supported in places of leadership; may they model lives of service, holiness and love. (Rom. 16:1-2)

4. Father, may the hearts of teenage girls in **Botswana**



By **Pisey Ith**
Cambodia national coordinator

JOIN US FOR OUR VIRTUAL prayer. gathering

JANUARY 8

Susie Pek,
No Distractions

FEBRUARY 5

Lisa Hall, Steadfast
Through Suffering

Sign up at [twwomen
ofhope.org/events](https://twwomenofhope.org/events)

who in their pain are turning to drugs and sex work, be drawn to you. Guide and give grace to their parents in raising them. (Heb. 4:16)

5. Lord, may elderly women and widows be welcomed in the local **Brazilian** churches, supported in their needs and integrated into a unified body of Christ. (Ps. 68:5)

6. We pray for **Cambodian** women to have strong faith, participate in local ministry and share the gospel of Jesus with those around them. (1 Thess. 2:4)

7. God, may **China's** youth encounter you and your gospel message and turn from folk spirituality to hope and new life in Christ. (Rom. 1:16)

8. Unite the churches in **Denmark** to rise up with a renewed love and awe of you and your Word. Father, pour out your Spirit of revival so that its people may be saved. (Acts 4:12)

9. Lord, women in the **Dominican Republic** need biblical literacy for their

knowledge and spiritual growth. Raise up godly, trained individuals and organizations to teach them. (2 Tim. 2:2)

10. God, you are our comforter and the restorer of our souls. Bring healing and hope to the suffering women of **Ethiopia** who have lost their children in the war. (Matt. 5:4)

11. Father, may the church leaders in the **Faroe Islands** preach the biblical truth about salvation and life after death so that listeners clearly understand what your Word says. (2 Cor. 5:1-7)

12. Lord, we praise you for revival among **Finnish** young men as well as their willingness to tell about Jesus on social media. Let it happen among young Finnish women as well. (Ps. 85:6)

13. God, may your Spirit ignite a flame in the believers of **Gabon** to strengthen those who are weak and to increase their faith in coming to you in prayer. (Isa. 40:29)

14. Father, break down walls of persecution, intolerance and bureaucracy hindering church growth in **Indonesia**; unify Christian communities in compassion, reconciliation and mission. (Ps. 133:1)

15. Lord, help the **Japanese** people to receive your biblical truth so they will not accept false teachings and cults. Deliver those entrapped by these lies. (Matt. 7:13-23)

16. May the 590,000 souls in **South Korea** who have been deceived by cults and heresies have their eyes opened to the truth of Jesus and follow him. (2 Pet. 2:1)



17. God, give courage to faith leaders in **Liberia** to boldly take a stand against gender-based violence in Liberia. May abusers repent and have their hearts transformed. (Ps. 82:4)

18. Lord, raise up young female believers in **Mongolia** to become spiritual leaders. May they hear your voice, be strengthened to lead in faith and shine Jesus' light. (John 17:17)

19. Father, strengthen and provide discipleship and support for small rural churches in **Nepal** that lack resources, trained leaders and fellowship. (Eph. 4:11-13)

20. Lord, free churches in **Papua New Guinea** from fear, evil spirits and syncretism; fill them with discernment and courage to walk in your Spirit alone. (James 4:7)

21. Father, you love unity in the body of Christ. Break down the divisions among **Paraguay's** Christians; may they work as one to build the kingdom of God. (1 Cor. 1:10)

22. God, give creative and wise strategies to **Portugal's** youth leaders that will help this generation be faithful role models to those around them. (Matt. 20:26-28)

23. Lord, give **Romanian** women a hunger for your Word. Awaken spiritual gifts in them and bring about a spiritual awakening in the church and society. (1 Pet. 4:10)

24. God, break down denominational barriers in the body of Christ in the Eastern Cape, **South Africa**. May Christians make every effort to live in unity with one another. (Phil. 2:2)

25. Father, enable women in **Tanzania** to stand firm in their faith, grounded in the true knowledge of God and not swayed by false prophets who distort the truth. (Col. 2:8)

26. Lord, strengthen rural churches in **Timor-Leste** to carry the gospel to remote villages; let them care for the needy and plant seeds of hope in dark places. (Prov. 19:17)

27. God, may congregations in **Uruguay** value and support women, encouraging them to live according to God's calling for them. May the church reflect the values of Christ to the world. (Phil. 4:3)

28. Lord, protect **Vietnamese** believers meeting secretly; grant them spiritual gifts, bold obedience to speak Christ's truth into dark places and endurance in suffering. (Matt. 5:10)

OUR MISSION

To educate, encourage and equip women to learn, pray, listen, grow and give through media and group interaction



Focus – no distractions

*“I keep my eyes
always on the
LORD. With him
at my right hand,
I will not be
shaken.”*

– PSALM 16:8

A new year is upon us! For many, it's a time to dream, plan and start fresh. We're gifted with 365 new days – each one full of opportunity. It's exciting to imagine finally bringing long-desired projects to life. But as we know, excitement alone isn't enough. Success requires purpose, planning, consistency, discipline and – perhaps most importantly – focus.

Lately, the theme of *focus* has been on my heart. Thoughts keep echoing in my mind: “We need to be fully present in what we're doing.” “We must be careful not to get involved in matters that, although relevant, will distract us from our purpose.” “Watch out for distractions!”

It's so easy to lose focus. One simple example: We pick up our phone to send an important message, then pause to check social media – just for a minute – and suddenly forget why we picked up the phone in the first place! That's just one small way we all experience moments of distraction ... and maybe more often than we'd like to admit.

In this context, I find inspiration in the life of Nehemiah. When he heard about the destruction of Jerusalem's walls, he wept, mourned, fasted and prayed to God. A city without walls was vulnerable, and Nehemiah longed to restore it because he knew what it meant to his people. After seeking the Lord's direction, he developed a strategy and got to work. With focus and determination, he faced opposition – enemies who tried everything to stop the rebuilding. But Nehemiah kept his eyes on the Lord, knowing that only in God's strength could he succeed. And so he pressed on.

In Nehemiah 4:14 we read: *“Don't be afraid of them. Remember that the Lord is great and awesome, and fight for your brothers, your sons and your daughters, your wives and your homes.”*

The challenges were real and intimidating, yet they weren't enough to derail the mission. Later, in Nehemiah 6:15-16, we read: *“So the wall was completed on the twenty-fifth of Elul, in fifty-two days. When all our enemies heard about this, all the*

surrounding nations were afraid and lost their self-confidence, because they realized that this work had been done with the help of our God.”

Nehemiah understood that the work could only be done in the Lord's strength. He also knew his role in the mission – he didn't get distracted, didn't take on new responsibilities and stayed clear about what God had called him to do. His clarity and focus were essential to the outcome.

As we step into this new year, after hearing from the Lord about the projects we're meant to pursue, let's hold onto one key truth: Our eyes must remain fixed on the Lord and his leading. Even minor distractions can lead to major detours and unfulfilled plans.

I wish you a beautiful, meaningful and grace-filled new year – one in which your eyes remain fixed on the One who keeps us from falling and guides our every step. “I keep my eyes always on the LORD. With him at my right hand, I will not be shaken” (Ps. 16:8).





Lisa Hall
International Prayer Coordinator
for TWR Women of Hope

Books shape our lives. One that I've just finished reading and am enthusiastically putting into my top-10 list is Dallas Willard's *Hearing God*. In it, he shares from many Christian leaders throughout Christendom, and a common thread in hearing God is through asking him questions.

So, what questions are you asking God right now? What are you wrestling with, and what is God teaching you? Our lives are complex, and it takes time and space to work through these things with God, but he often surprises us with truths about both himself and us.

Recently, I've faced some physical challenges that include exhaustion and required me to lie down every few hours to recharge. Being a Type A personality who just wanted to push through the fatigue, I was surprised when my body told me that this was not an option – I had to rest.

In frustration, I questioned God, "How am I supposed to get all my work done if I have to stop and rest so often?" I realized after the first month of nothing improving in my health that I may be asking God the wrong question. And I changed the question to, "OK, so if this is my reality right now. What do you want to work in my life as a result of this?"

God was gracious to give me a word picture to bring clarity in what he was trying to teach me. During prayer one morning, I looked up and noticed my charging phone resting on my open Bible. God whispered in my heart, "If you remain plugged into me, I will give you everything that you need."

Two things happened inside me when he said that. I was convicted that, without knowing it, I had slipped into self-

sufficiency mode and had been trying to control my life and ministry work in my own power. But he also taught me something about himself.

God would accomplish what he wanted done in the ministry of TWR Women of Hope in his way and his timing. He still wanted me to partner with him, but everything that was essential would come from him. And in his kindness and grace, he was inviting me into that beautiful place of abiding in him.

God's words were so graceful. I can't tell you the weight that was taken off of my shoulders when I heard them. I was not to worry or carry the burdens surrounding me but instead simply to give my life to him and be obedient to what he showed me to do. I understood the lavish grace that he was giving me as a gift. 2 Corinthians 12:9 came to mind, and it felt like it was specifically written for me. "My grace is sufficient for you, for my power is made perfect in weakness."

What about you? What is it that you have been carrying on your own but need to give over to God?



Where in your life do you need to receive the gift of God's grace that he generously offers us?

I love so many of the other Scriptures that show us God's grace. Hebrews 4:16: "Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need." Or 1 Peter 5:12b: "My purpose in writing is to encourage you and assure you that what you are experiencing is truly part of God's grace for you. Stand firm in this grace."

Friend, may we seek to live in that place of abiding in God. As we bring him both our questions and ourselves, notice and delight in how God gives you the gift of his grace and himself to accomplish his good.